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Physical Education (PE) develops students' competence and confidence to take part in a range of physical activities that become a central part of their lives, both in and out of school. A high-quality

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PE curriculum enables all students to enjoy and succeed in many kinds of physical activity.

The importance of Physical Education

Physical education is a course taught in school that focuses on developing physical fitness and the ability to perform and enjoy day-to-day physical activities with ease. Kids, as well as adults, benefit from regular exercise. Health benefits from regular exercise include: stronger muscles and bones, increased coordination and energy, and decreased risk of developing chronic diseases such as ...

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Physical Meaning in Urdu Physical meaning in Urdu is Jismani - Synonyms and related Physical meaning is Active, Forcible, Tangible and Touchable. Check out Physical similar words like Physically, Physicality and Physical Education; Physical Urdu Translation is Jismani
جسمانی.

Physical Meaning In Urdu - Physical Definition English To Urdu

PHYSICAL EDUCATION & SPORTS MCQ
The landing arena of High Jump will be
(A) 5x4mts (B) 5x5mts (C) 5 x 3 mts (D)
5 x 6 mts Blood is purified in the human
body by? (A) Carbon dioxide (B)Nitrogen
(C)Oxygen (D) Hydrogen Name the
vitamin which is water soluble (A)
Vitamin A (B) Vi

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The page not only provides Urdu

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meaning of Physical but also gives extensive definition in English language. The definition of Physical is followed by practically usable example sentences which allow you to construct your own sentences based on it.

Physical Urdu Meaning with 2 Definitions and Sentence(s)

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