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Psychology of the Future: Lessons from Modern Consciousness Research (Sunny Series in Transpersonal and Humanistic Psychology) 1st Edition by Stanislav Grof (Author)

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Psychology of the Future: Lessons from Modern Consciousness Research: Grof M.D., Stanislav: 9780791446225: Books - Amazon.ca

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Psychology of the Future: Lessons from Modern Consciousness Research (SUNY series in Transpersonal and Humanistic Psychology) Paperback - 14 July 2000 by Stanislav Grof (Author)

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Duchenne smiles (example B) that are exhibited in high school yearbook photos are correlated with better life outcomes 30 years later. Here, Paul Ekman—an expert in facial psychology—exhibits both non-Duchenne (exhibit A) and Duchenne smiles. 4. Smiling is contagious—and can predict your happiness, professional success, and lifespan.

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