

Smarter The New Science Of Building Brain Power Dan Hurley

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The new study showed that people can increase their "fluid" intelligence through training. Hurley, who grew up to become an award-winning science journalist, first explored the topic in The New York Times Magazine. In Smarter, he digs deeper by meeting with the field's leading researchers—and becoming a human guinea pig. After just three months of playing computer brain-training games, joining a boot-camp exercise program, learning to play the Renaissance lute, practicing mindfulness ...

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Expanding upon one of the most-read New York Times Magazine features of 2012, Smarter penetrates the hot new field of intelligence research to reveal what researchers call a revolution in human intellectual abilities. Shattering decades of dogma, scientists began publishing studies in 2008 showing that "fluid intel

Smarter: The New Science of Building Brain Power by Dan Hurley

A Decent Overview of all the New Science and Research Out there on Improving Cognition. By Atulya Bhumarsetty on Feb 04, 2014. Smarter takes an in-depth look at the science, on-going research, methods and techniques that promise the benefits of cognitive training.

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'Smarter, Faster, Better': The New Science of Productivity

What follows is a full executive summary of Smarter: The New Science of Building Brain Power by Dan Hurley. PART I: AN INTRODUCTION TO INTELLIGENCE, AND THE BIRTH OF THE NEW SCIENCE OF BUILDING BRAIN POWER. Section 1. An Introduction to Intelligence. 1. Just What Is Intelligence, Anyway? a. Crystallized Intelligence and Fluid Intelligence

#50. A Summary of 'Smarter: The New Science of Building ...

In this excerpt from 'Smarter: The New Science of Building Brain Power,' Dan Hurley compares our intelligence to the mind of the mouse.

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Expanding upon one of the most-read New York Times Magazine features of 2012, Smarter penetrates the hot new field of intelligence research to reveal what researchers call a revolution in human intellectual abilities.

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Smarter questions our understanding of intelligence in this new age of brain-training games. From the traditional adage of "healthy body, healthy mind," to the latest advances in computerised brain training games, these blinks explore scientifically established methods of improving cognitive abilities.

Smarter by Dan Hurley - blinkist.com

Did Hurley get smarter? The results are mixed. He resorts to having to say he "feels smarter". But then, this isn't a headline-grabbing manual, it's an investigation into the industry growing up around this new science. Makes you think. Dan Hurley has compiled the best ways to sharpen your cognition according to the best, latest science.

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Smarter | "A riveting look at the birth of a new science." —Daniel H. Pink, author of Drive When he was eight years old, Dan Hurley was labeled a "slow learner" because he still couldn't read. Three years later, he had become a straight A student. Until the publication of a major study in 2008, psychologists believed that intelligence is fixed at birth, that IQ is like a number ...

Smarter : The New Science of Building Brain Power by Dan ...

He is the coauthor of Wiser: Getting Beyond Groupthink to Make Groups Smarter (Harvard Business Review Press, 2015) and author of the New York Times best seller The World According to Star Wars.

Making Dumb Groups Smarter - Harvard Business Review

Expanding upon one of the most-read New York Times Magazine features of 2012, Smarter penetrates the hot new field of intelligence research to reveal what researchers call a revolution in human intellectual abilities.

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Dan Hurley - Smarter: The New Science of Building Brain ...

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