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Charles Bronson

Charles Bronson has been a Category A prisoner ... In 2002, he published Solitary Fitness, a guidebook on physical training in confined space. The film Bronson was released in 2008.

For decades Charles Bronson has been known as Britain's most dangerous prisoner.

As the biopic shows,

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Stroud (Burt Lancaster, yet again) was a convicted murderer who spent much of his life in solitary confinement ... Richard Attenborough, Charles Bronson, Donald Pleasence ...

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